



In Flight Gymnastics Competitive Team and Pre-team General Information

Membership to our Pre-competitive team requires increased time and monetary commitment. Our Dragon Flies practice 2 hours per week (Tuesdays 500-700PM) and participate in exhibitions and non-sanctioned competitions throughout the year. The monthly fee for Pre – Team (Tinker Bells/Dragon Flies) is \$60. Warm up Leotard (\$45) and Briefs (\$10) are required.

Membership to our competitive team requires a greater time and monetary commitment. Depending on skill level, In Flight competitive gymnasts practice 4-10 hours weekly. The fee ranges from \$90-120/month. Our team competes state-wide, regionally, and nationally. All competitive team members must:

- be certified by one of the governing bodies of gymnastics in the United States
- must purchase a full competitive uniform (warm up suit, competition leotard, briefs and bag.)
- must have an adult representative participate in the In Flight Booster Club
- participate in Booster Club Fundraisers to help offset the cost of competitions